

Handling Disappointment

Discussion:

Canada's Mackenzie River was originally called Disappointment River. Explorer Alexander Mackenzie thought it would take him to the Pacific Ocean, but it led him to the freezing Arctic. How might he be feeling? What does it mean to validate his feelings? Why is that important? What might you say to make him feel better?

Activity:

Journal entry: Write a letter to Alexander. Share about a time when you felt disappointed. What made you feel better? Validate his feelings of disappointment and share something you hope might make him feel better. Be sure to start your letter with an introduction of "Dear Alexander," and end with a closing of your choice, such as "From,; Your friend,; or Sincerely,".

National Symbols

Discussion:

The maple leaf, which is on Canada's flag, is a national symbol of Canada. Another national symbol is the Beaver. Hockey was invented in Canada.

Activity:

Winnie the Pooh loves to eat honey. Paddington Bear loves to eat marmalade. Imagine a character based on the national symbols of Canada—a Beaver who loves to eat maple syrup and loves to play hockey.

Now, think about a symbol and an animal mascot for your City or your State: What is it? Why do they deserve to be a symbol or mascot of your City or State?

Character/Mascot	Name	Physical features (What does he/she look like?)	Character traits (What is his/her personality?)	Story ideas for this character
Symbol	Why this Symbol?	On a piece of paper draw a 'seal' or shield with the symbol.		

Captain Kidd's Buried Treasure... Revealed!

Discussion:

According to legend, pirate Captain Kidd buried treasure deep in a mysterious underground shaft known as the "Money Pit" but the treasure has never been found, until now...

Activity:

Brainstorm and organize your ideas, and then write a solid paragraph:

What did you find? How did you find it? Was there a treasure chest? What did the treasure chest look like? How did you feel when you were about to open it? What did you hope was inside? What actually was inside? What are you going to do with the treasure you found?

Title: _____

Topic sentence: _____

Supporting sentence: _____

Supporting sentence: _____

Supporting sentence: _____

Concluding sentence: _____
